

GETTING ASSESSED · 3.14

The Cost of Going Private: What the Numbers Actually Look Like

An honest breakdown of private ADHD and autism assessment costs in the UK in 2026: the assessment fee, ongoing medication, and what shared care does to the total.

FOR

Adults and parents considering private assessment

AUDIENCE AGE

All ages

REVIEWED

17 May 2026

PART OF

The NeuroFX resource library

IN SUMMARY

The Cost of Going Private: What the Numbers Actually Look Like

The headline numbers

- **Private adult assessment fees typically run £700 to £1,500.** With a CQC-registered NICE-aligned provider in the UK. NeuroFX adult ADHD assessment and autism assessment are each £950 at the time of writing; check the booking page for current figures.
- **QbCheck is an optional add-on, where clinically useful.** Currently £129 at NeuroFX. Used in around 10 to 15 percent of assessments, not routine.
- **Combined ADHD and autism assessment is offered as a combination package.** Useful where both pictures are suspected. The fee covers both assessments in one pathway.

The medication picture for ADHD

- **Shared care decides the long-term cost.** Where the local ICB accepts shared care, ongoing prescribing transfers to your NHS GP after titration. Where shared care is declined, private prescribing continues.
- **NeuroFX private prescribing is £55 per month at the time of writing.** Medication reviews are £250 every 6 to 12 months. The annual medication management cost typically runs £900 to £1,500 plus the pharmacy cost of the medication itself.
- **Autism has no ongoing medication cost.** There is no autism-specific medication. Co-occurring anxiety, depression or ADHD have their own treatment pathways if relevant.

How we can help

- **Interest-free payment options.** NeuroFX offers interest-free payment plans for the assessment fee, so the upfront cost can be spread.
- **Right to Choose where you are in England.** NHS-funded with no patient cost. This is usually worth exploring first; private is the route where Right to Choose is not available or the wait is still too long.
- **Shared care support after diagnosis.** Where the local ICB accepts it, we hand over to your NHS GP once you are stable on medication. Where it is declined, we offer continued private prescribing at our published fees.

WHEN TO SPEAK TO A PROFESSIONAL

Speak to your GP first to understand your local NHS, Right to Choose and shared care position. NeuroFX offers private adult ADHD assessment with interest-free payment options. Seek same-day help via 111 (or 999 in an emergency) for any mental health crisis.

SOURCES

NICE NG87; British National Formulary; Care Quality Commission

NEXT STEPS**Speak to NeuroFX**

Private ADHD and autism assessment for adults and children aged 6 and upwards.
CQC-registered. Bedford Consulting Rooms, 4 Goldington Road, Bedford MK40 3NF.

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